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# The Reason: How I Discovered A Life Worth Living



## Synopsis

Once a suicidal atheist, now a Christ-following rock star, Lacey tells her story of finding purpose behind the pain, sharing the many reasons for her hope and helping readers see how valuable they are to God.

## Book Information

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## Customer Reviews

This is such an amazing inspiring book, Lacey has an amazing story about gods grace and a fathers love. her words have a way of going straight to you heart, I found my self laughing and crying with her as i felt the joy and pain in her words. much like her music she poured her soul into this book, and you can tell. Thank you Lacey for sharing you story

This is such a powerful book. I could not put it down. There is so much wisdom in it. Lacey Sturm is honest and open about her life. Her story and testimony of God's grace touched me deeply, and I am much older than Lacey. I have not experienced everything that she did; I am not of her generation. But the book really convicted me about how I look at others. Lacey has shown us that we must see people through the eyes of Jesus and look beyond outward appearance, which often hides the desperation, anger, and hurt. Even though we may not be able to relate to everything someone is going through, we are nevertheless called by our Lord to show love and compassion toward those who are in pain. I pray that Lacey's book would be used greatly in helping those who came from similar, painful backgrounds. I pray that it will help us recognize the hurt of those who are struggling with so many issues, those who have no father, those who have experienced abuse, and

those who believe their lives are hopeless. I pray that Lacey's book would also impact those of us who have not come from a background such as hers, to give us a heart for those who are hurting.

I'll be honest, I bought this on an impulse after downing half of an eight pack of bud light hurricanes. I then proceeded to down two more drinks while contently reading the kindle version of this book. Minutes turned to hours and after a quick trip to the bathroom where I proceeded to feel death come for me in the usual over dramatized fashion of the human body saying "STOP, SERIOUS DUDE. STOP" I went back and cried silently as I continued to read. This book has a lot of heart and offers it in a well presented formatting of paragraphs and chapter layout along with minor illustrations that help convey an emotion from the reader. The book begins with some background information of Lacey and is presented with several memories of hers that go from beautiful moments of childhood wonder and the struggles of growing up along with a different perspective of growing up. There's some moments that go along the lines of "my mother was great" and then you have that sweet attitude that speaks up from time to time, a personal accenting of an idea by the author herself that adds a rich texture to her story that is so relatable and engrossing while never going too far or giving too little. It's the right amount of love, like a mothers apple pie. Sweet and plentiful but, the baker herself exercises tactful moderation not to give her children false assumptions but instead merely to show the extent of her love for not only herself. Ideally, this is the book to read if you want to read a journey of a young girl becoming a modest woman who defines herself while still loving and respecting the lord above. I'm not a Christian, I still can't look at a church without gagging but, this book made me want to reconsider my blind hatred. That's something that none of my friends or outsiders have given me. I would highly recommend this book to any list of mom and pop approved reading material for young adults and even grown adults alike.

As part of my association as a Family Christian Store blogger, I was selected to read *The Reason: How I Discovered a Life Worth Living* by Lacey Sturm. This book is powerful! I couldn't put it down and read the whole book in one sitting. It's a great story written by Lacey Sturm, and in it she shares her very open and honest story and testimony of God's grace. I could identify with the story to some extent. Back in a time when I was deep into the clutches of an addiction before I came to know Christ, I would sometimes entertain suicidal thoughts. At that time, I always felt like I wasn't "brave" enough to do it. In all honesty, now that I have been a sober child of God for over 21 years, I realize that being brave means finding ways to forgive and to choose to love those who hurt you even though they don't deserve it. Lacey Sturm points out that "[I]t is brave to trust that the God who gave

you life in the first place has a good plan in mind, even when everything around you looks like hell. It is brave to live." Like Lacey and many others who now walk with God, I believe that I have found a deep inner healing from everything I've been through in my life. Through this book, Lacey shows us that we must see people through the eyes of Jesus and look beyond outward appearance, which often hides the desperation, anger, and hurt. Sometimes we can't relate to everything someone is going through, but we are called by God to show love and compassion toward those in pain. Lacey walks us through her life, from its early beginning as a newborn not expected to survive to growing up poor, often not knowing where her next meal would come from. She shares a story of physical abuse, drug use, suicide attempts, and her ultimate salvation. One of my favorite quotes from the book was: "I strive to rest in the fact that I am made for a purpose. Knowing my life has purpose gives me confidence. When I live in the light of that confidence, it can empower you - it can make you confident as well. It can help you see yourself in truth and live unafraid, and when we live unafraid we live in the light of love. For true love casts out fear. That's how we sparkle; that's the web of light I see stretching from heaven into my life, into yours." My prayer is that this book would help those that might have walked or are walking in similar painful backgrounds, and that it will help us all recognize the hurt of others struggling with issues, especially those who do not know Our Father, including those that have suffered abuse of any kind and have no hope. I also pray that this book impacts those readers who do not have a similar background to Lacey, so that they can have a heart for understanding those who are enduring pain they don't understand.

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